

DATE	DAY	VENUE	ACTIVITY	DETAIL & TIMES
14-Feb	Tuesday	S-2	Turf Session & Fitness	7:30pm - 8:30pm (area 2) – be ready @ 7.15PM (run after turf)
16-Feb	Thursday	S-2	Turf Session & Fitness	7:30pm - 8:30pm (area 1) - be ready @ 7.15PM (run after turf)
18-Feb	Saturday	APK	Fitness APK	9am – 10am (arrive 8.45am) followed by coffee / brunch nearby
21-Feb	Tuesday	S-2	Turf Session & Fitness	7:30pm - 8:30pm (area 2)
23-Feb	Thursday		Turf Session & Fitness	Details tbc
25-Feb	Saturday	KEW	Practice Match #1	KEW: SL2 -2pm PenA/D - 3.30pm
27-Feb	Tuesday		Turf Session & Fitness	Details tbc
1-Mar	Thursday	S-1	Turf Session & Fitness	7:30pm - 8:30pm Full pitch
3-Mar	Sat or Sun		Practice Match #2	Details tbc
6-Mar	Tuesday	S-2	Turf Session & Fitness	8:30pm - 9:30pm (area 2)
8-Mar	Thursday	S-1	Turf Session & Fitness	7:30pm - 8:30pm (area 1)
10-Mar	Sat / Sun		Labour Day Weekend	Holiday Monday 12th March
13-Mar	Tuesday		Turf Session & Fitness	Details tbc
15-Mar	Thursday	S-2	Practise Match PHSK SL2 v PenA squad	8:00pm - 9:30pm Full pitch
17-Mar	Sat or Sun		Practice Match #3	Details tbc
20-Mar	Tuesday	S-2	Turf Session & Fitness	7:00pm - 8:00pm (area 2)
22-Mar	Thursday	S-2	Practise Match PHSK SL2 v PenA squad	8:00pm - 9:30pm Full pitch
24-Mar	Fri pm-Sun		Pre Season Camp – Ocean Grove	SL2 & Pennant A players
27-Mar	Tuesday	S-2	Turf Session & Fitness	7:00pm - 8:00pm (area 2)
29-Mar	Thursday	S-1	Turf Session & Fitness	8:30pm - 9:30pm Full pitch
31-Mar	Sat	APK	Intra-Club Practice Matches	Grading & practice matches for all SL, Pennant & Metro players
3-Apr	Tuesday		Turf Session & Fitness	APK 7-8.30pm
5-Apr	Thursday		Turf Session & Fitness	APK 8-9.30pm
7-Apr	Sat / Sun	APK	Easter Long Weekend	Training Session APK - tbc
10-Apr	Tuesday		Turf Session & Fitness	APK 7-8.30pm
12-Apr	Thursday		Turf Session & Fitness	APK 8-9.30pm
14-Apr	Sat / Sun		Round 1	